

ADVANCED NUTRITION PACKAGES

1-Month Pack

Diagnostic & Optimization

- ▶ 2 private consultations
- ▶ **Comprehensive Blood Analysis** (at home or in laboratory)
 - ▶ **Full body composition analysis**
 - ▶ **Screening** for micronutrient deficiencies & neurotransmitter balance
- ▶ **Tailored supplement protocol**, included for 1 month
 - ▶ **Personalized daily support**
- ▶ **Exclusive e-book:** „*Blood Sugar Control*“ included

Price: €1 500

3-Month Pack

Nutritional Transformation

- ▶ 5 private consultations
- ▶ **Comprehensive Blood Analysis** (at home or in laboratory)
 - ▶ **Full body composition analysis**
 - ▶ **Screening** for micronutrient deficiencies & neurotransmitter balance
- ▶ **Tailored supplement protocol**, included for 3 months
 - ▶ **Premium unlimited support**
 - ▶ **Monthly adjustments** to the nutrition plan
- ▶ **Exclusive e-book:** „*Blood Sugar Control*“ included

Price: €2 500



HOLISTIC HEALTH

6-Month Pack Health & Longevity Program

- ▶ 10 private consultations
- ▶ Comprehensive Blood Analysis (at home or in laboratory)
 - ▶ Full body composition analysis
 - ▶ Screening for micronutrient deficiencies & neurotransmitter balance
- ▶ Tailored supplement protocol, included for 6 months
 - ▶ Unlimited & priority support
- ▶ Progress analysis, recommendations, adjustments
 - ▶ Monthly adjustments to the nutrition plan
- ▶ Exclusive e-book: „Blood Sugar Control“ included
 - ▶ Option: second blood test at mid-program

Price: €3 500

Exclusive Advantage

With the purchase of an **Elite Fitness Pack** or an **Advanced Nutrition Pack**, receive **up to 30% off** the complementary pack.



Contact us to schedule your consultation

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